

JANUARY

Monday	Tuesday	Wednesday	Thursday	Friday
30 No School Winter Break	31 No School Winter Break	1 No School Winter Break	2 No School Winter Break	3 No School Winter Break
6 goldfish■+# cucumbers belvita biscuits+ applesauce	7 ritz crackers+ apples wheat bagel+, carrots cream cheese■#	8 rice chex raisins ritz crackers+ apples	9 belvita biscuits+ applesauce goldfish■+# cucumbers	10 wheat bagel+, carrots cream cheese■# rice chex raisins
13 saltines+ cheese slices■# carrots wheat thins+ cucumbers	14 graham crackers+ oranges pirate booty■# apples	15 pirate booty■# apples cheese its■+# peppers	16 cheese its■+# peppers graham crackers+ oranges	17 wheat thins+ cucumbers saltines+ cheese slices■# carrots
20 No School Martin Luther King Day	21 pretzel crisps+ oranges ritz crackers+ cucumbers	22 tortilla chips, salsa carrots pretzel crisps+ oranges	23 ritz crackers+ cucumbers string cheese■# apples	24 No School Professional Development Day
27 No School Professional Development Day	28 wheat thins+ carrots goldfish■#+ apples	29 graham crackers+ applesauce wheat thins+ carrots	30 goldfish■#+ apples graham crackers+ applesauce	31 pretzel crisps+ peppers corn chex craisins

Key to Common Allergens:

+ wheat or gluten ■ dairy # animal-derived ingredients *egg =sesame seed

Please note the snack listed at the top of each day is the All School Snack and the bottom snack is for the Explorers and Yellow 4K PM.