

# NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;"><b>28</b></p> <p>goldfish■##+ cucumbers</p> <hr/> <p>pretzels+ peppers</p>	<p style="text-align: right;"><b>29</b></p> <p>pretzels+ peppers</p> <hr/> <p>goldfish■##+ cucumbers</p>	<p style="text-align: right;"><b>30</b></p> <p>gogurt■# apples</p> <hr/> <p>graham crackers+ oranges</p>	<p style="text-align: right;"><b>31</b></p> <p>graham crackers+ oranges</p> <hr/> <p>bagels+, cream cheese■#, carrots</p>	<p style="text-align: right;"><b>1</b></p> <p>bagels+, cream cheese■#, carrots</p> <hr/> <p>gogurt■# apples</p>
<p style="text-align: right;"><b>4</b></p> <p>triscuits+ apples</p> <hr/> <p>ritz crackers+ cucumbers</p>	<p style="text-align: right;"><b>5</b></p> <p>belvita biscuits+ applesauce</p> <hr/> <p>goldfish■##+ peppers</p>	<p style="text-align: right;"><b>6</b></p> <p>goldfish■##+ peppers</p> <hr/> <p>pirate booty■## oranges</p>	<p style="text-align: right;"><b>7</b></p> <p>ritz crackers+ cucumbers</p> <hr/> <p>belvita biscuits+ applesauce</p>	<p style="text-align: right;"><b>8</b></p> <p>pirate booty■## oranges</p> <hr/> <p>triscuits+ apples</p>
<p style="text-align: right;"><b>11</b></p> <p><b>No School Professional Development Day</b></p>	<p style="text-align: right;"><b>12</b></p> <p>tortilla chips, salsa, carrots</p> <hr/> <p>pirate booty■## cucumbers</p>	<p style="text-align: right;"><b>13</b></p> <p>saltines+, cheese■#, craisins</p> <hr/> <p>goldfish+■## apples</p>	<p style="text-align: right;"><b>14</b></p> <p>pretzel crisps+ oranges</p> <hr/> <p>tortilla chips, salsa, carrots</p>	<p style="text-align: right;"><b>15</b></p> <p>goldfish+■## apples</p> <hr/> <p>pretzel crisps+ oranges</p>
<p style="text-align: right;"><b>18</b></p> <p>kix cereal raisins</p> <hr/> <p>cheese its■##+ oranges</p>	<p style="text-align: right;"><b>19</b></p> <p>cheese its■##+ oranges</p> <hr/> <p>wheat thins+ apples</p>	<p style="text-align: right;"><b>20</b></p> <p>wheat thins+ apples</p> <hr/> <p>pretzels+ carrots</p>	<p style="text-align: right;"><b>21</b></p> <p>graham crackers+ applesauce</p> <hr/> <p>kix cereal raisins</p>	<p style="text-align: right;"><b>22</b></p> <p>pretzels+ carrots</p> <hr/> <p>graham crackers+ applesauce</p>
<p style="text-align: right;"><b>25</b></p> <p>ritz crackers+ oranges</p> <hr/> <p>string cheese■# apples</p>	<p style="text-align: right;"><b>26</b></p> <p>string cheese■## apples</p> <hr/> <p>ritz crackers+ oranges</p>	<p style="text-align: right;"><b>27</b></p> <p><b>No School Thanksgiving Break</b></p>	<p style="text-align: right;"><b>28</b></p> <p><b>No School Thanksgiving Break</b></p>	<p style="text-align: right;"><b>29</b></p> <p><b>No School Thanksgiving Break</b></p>

## Key to Common Allergens:

+ wheat or gluten   ■ dairy   # animal-derived ingredients   \*egg   = sesame seed

Please note the snack listed at the top of each day is the All School Snack and the bottom snack is for the Explorers and Yellow 4K PM.