

# NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
<b>30</b> goldfish■##+ cucumbers <hr/> pretzels+ peppers	<b>31</b> pretzels+ peppers <hr/> goldfish■##+ cucumbers	<b>1</b> string cheese■# apples <hr/> belvita biscuits + oranges	<b>2</b> bagels+, cream cheese■#, carrots <hr/> string cheese■# apples	<b>3</b> <b>No School                      Parent/Teacher                      Conferences</b>
<b>6</b> triscuits+ apples <hr/> ritz crackers+ carrots	<b>7</b> graham crackers+ applesauce <hr/> cheese its■##+ peppers	<b>8</b> goldfish■##+ peppers <hr/> pirate booty■# cucumbers	<b>9</b> ritz crackers+ cucumbers <hr/> graham crackers+ applesauce	<b>10</b> pirate booty■# carrots <hr/> triscuits+ apples
<b>13</b> ritz crackers+ oranges <hr/> bagels+, cream cheese■#, cucumbers	<b>14</b> wheat thins+ carrots <hr/> pretzel crisps+ apples	<b>15</b> bagels+, cream cheese■#, cucumbers <hr/> wheat thins+ carrots	<b>16</b> pretzel crisps+ apples <hr/> kix cereal raisins	<b>17</b> kix cereal raisins <hr/> goldfish■##+ oranges
<b>20</b> tortilla chips, salsa, carrots <hr/> cheese its■##+ apples	<b>21</b> cheese its■##+ apples <hr/> tortilla chips, salsa, carrots	<b>22</b> <b>No School</b> <b>Thanksgiving                      Break</b>	<b>23</b> <b>No School</b> <b>Thanksgiving                      Break</b>	<b>24</b> <b>No School</b> <b>Thanksgiving                      Break</b>
<b>27</b> pirate booty■# cucumbers <hr/> belvita biscuits+ applesauce	<b>28</b> ritz crackers+ carrots <hr/> wheat thins+ oranges	<b>29</b> wheat thins+ oranges <hr/> pretzels+ apples	<b>30</b> belvita biscuits+ applesauce <hr/> ritz crackers+ carrots	<b>1</b> pretzels+ apples <hr/> popcorn cucumbers

## Key to Common Allergens:

+ wheat or gluten   ■ dairy   # animal-derived ingredients   \*egg   = sesame seed

Please note the snack listed at the top of each day is the All School Snack and the bottom snack is for the Explorers and Orange 4K PM.